



GOOD THINGS HAPPEN

Newsletter of Minnehaha United Methodist Church

We seek, we serve, we celebrate.

Late Fall 2023

Worship in November

We'll be creating a Mandala Mosaic (a mandala is a geometric circle often used in spiritual practices) during worship in November. As we reflect on the themes of remembering, releasing, reimagining, and restoring, we'll have some embodied prayers as we create hearts, spirals, hold beans, and make a tie-dye. Those items will be added to the mosaic each week to help us hold the themes in our hands as well as see them visually. If you normally worship with us online, please send a note to the office. We will send you the items in advance so you can participate in worship from your home.

Time Change

It will soon be time to fall back and gain that hour we lost in the spring. Set your clocks back one hour before either attending worship on Sunday, Nov. 5.

Nov. 5 All Saints Sunday (Traditional)

Luke 22:1-23

"Remember"

Nov. 12 (Methodicals)

Deuteronomy 15:1-11; Matthew 19:16-22

"Release"

Nov. 19 (Traditional)

Leviticus 19:9-10; 25:8-12

"Reimagine"

Nov. 22 Thanksgiving Eve @

St. Peder's Lutheran Church, 7p.m.

Nov. 26 (Methodicals)

Genesis 33:1-17; John 21:1-19

"Restore"

Dec. 3 (Traditional)

Psalms 80:1-7, 17-19; Luke 1:1-23

"Weariness"

In this Issue:

United Women in Faith [2](#)

Fall Bazaar [3](#)

Children, Youth, Families [4,5](#)

Worship Services [6](#)

Advent Begins [7](#)

Sacred Sites Recap [8](#)

MinneHarvest [9](#)

3rd Qtr Snapshot [10](#)

Pastor's Note [11](#)



Rally Day 2023



United Women in Faith



United
Women
in Faith

Welcome to Fall (?) Where are those falling leaves and autumn temperatures? It's a sure bet, however, that it's fall because the UWF Sept. Rummage Sale is over and we are revving up for the annual UWF Holiday Bazaar!



- Great thanks to the nearly 40 volunteers who made the Rummage Sale happen and to all of you who donated rummage and/or came to buy! We made a grand total of \$2,769.64, dividing the profit with the MUMC budget and the UWF. We made an additional \$600 over the amount for 2022 and the UWF income will go towards our continuing missions. Start saving things for next September!

- Our Holiday Bazaar is a wonderful connection to the community with a great breakfast and wonderful lunch along with amazing baked goods for sale, local vendors with a variety of wares, another chance to buy a Dept. 56 collectible along with other items including wild rice and rice pudding. One day only: Sat., Nov. 11 from 9:00 to 2:00 p.m.. Additional volunteers are always welcome along with folks baking pies/cakes for the dessert table. Please let Margaret Rawson or Maureen Trepp know how you will be helping.

- Sadly, since our last newsletter entry, we have served receptions for 5 different funerals and one birthday. We charge for our time and food provided and hope it gives comfort to our church families.

- We provided scholarship money to two of our youth graduating from high school: Paige Gruenhagen and Libby Kramer. Paige's note of thanks reads: "Growing up in this church has been so fun and truly a great community." We are proud of them both.

- Your UWF also provided the funds to buy the additional food we served at Simpson Shelter these summer months: June 26, July 25, Aug. 30, Sept. 25 and we will be serving on Oct. 30. Each meal costs about \$125 as we are able to use foods from Minneharvest; we serve 50 people each night. Our helpers this summer have been John Darlington, Susan Delattre, Kevin Korell, Cha Johnson, Craig Johnson, Alexis Sheet, Calvin Emrich, Sarah Emrich, Kitty Campbell, Mary Vrabel, Dave Noren, and myself, Maureen Trepp with our cook: Margaret Rawson. If you'd like to help, let me know! We also leave off donations and current needs include: Textured Hair Products, Women's Briefs- sizes 11, 13, Personal Size Deodorant, Personal Size Conditioner, Q-Tips, Hair Brushes, Razors, Nail Care Kits, Shower Shoes, Women's white crew socks and Men's ankle socks. This list was updated 10.16.2023.

Your United Women in Faith are you, members of MUMC and our greater community and our need is to serve women, children and our community through the many missions we support. Thank you, Maureen Trepp (President of the Leadership Team)

Save the Date

- Christmas Pageant – Dec. 17 at 4:00 p.m.
- Christmas Eve Services – 4:00 (band) and 10:00 (traditional)
- Winter Retreat – Jan. 26-28 at Koronis Assembly Grounds in Paynesville
- Winter Musical Performances – Feb. 2, 3, 10, 11

Church Musical

Yes, there will be an all church musical. Yes, we will be rehearsing for it through the month of January. Yes, the performances, six of them will be the first two weekends of February, the 2-4 and 9-10 so that means rehearsals will start a few days earlier than usual and may cut into your winter break: First rehearsal, Jan. 2 followed by Jan. 4 and then a rehearsal schedule of Sundays-Tuesdays and Thursdays. We'll need singers, actors and others of all ages. Title of the musical: 'To Be Named! Watch for the next newsletter! Expenses of the musical come from UWF funds where income is donated from the musical. Your director, Maureen Trepp, questions?: 612-387-2520



Minnehaha Fellowship

Join other Minnehaha folks at Arbeiter Brewing on the 4th Saturday of each month from 3-5. You can bring your own food, or purchase from a food truck, and there are a variety of non-alcoholic drinks also available. In addition, Arbeiter welcomes children and dogs. Join us on November 25.

Church Conference for Salaries

A Church Conference for the purpose of approving 2024 salaries for Becky and Jean will be held on Sunday, Nov. 5 at 10:45 in the narthex. This is required for all clergy prior to December 1 each year. We will simply propose the same salaries as Becky and Jean are getting now, with updated health insurance and pension numbers. Any real changes in salary will happen at our January budget meeting.

Annual Holiday Bazaar

Crafts, Dept. 56 Collectibles, Baked Goods & Rice Pudding



Saturday, November 11, 2022
9:00 a.m. – 2:00 p.m.



Minnehaha United Methodist Church
3701 East 50th Street, MPLS • www.minnehaha.org



Children and Youth Dates:

- **High School Summer Mission Trip to Motown Mission, July 13-21**
Register online with \$50 deposit by November 15 Register online here: <https://forms.gle/GiQHgV4phaDQfC757>
- **Christmas Pageant Rehearsal** on Wednesday, Dec. 13 from 6:15-7:30 pm
- **Christmas Pageant** on Sunday, Dec. 17 at 4:00 pm with dinner following



Young Families Dinner

Sunday, Nov. 12 at 5:30 pm
Families with babies and toddlers are invited to a lasagna dinner, playtime, and time to connect with other families!



Confirmation 2023

BABIES & TODDLERS
& THEIR FAMILIES ARE INVITED TO

MINNEHAHA UMC'S

YOUNG FAMILIES FALL DINNER

SUNDAY, NOV. 12
5:30 PM

Join us for dinner, playtime,
and time to connect with other
young families.

Contact Jean Elliott
at education@minnehaha.org



MINNEHAHA PLAYGROUP

9:30am - 11:30am
Every Wednesday Morning
3701 E. 50th Street
Minnehaha United Methodist Church

**WEDNESDAY
NIGHT DINNER**

5:30-6:15 pm

SUGGEST COST:
\$5/PERSON
\$20/FAMILY

**Wednesday Night
Childcare**

6:00-7:30 pm
Meet in the Gym

*Wednesdays
at Minnehaha!*

Adult Faith Forum

Beginning November 5, Marshall Cook will be leading a series of Adult Faith Forums called “Half Truths” based on a book by Rev. Adam Hamilton, a United Methodist pastor.

In daily conversations we regularly use aphorisms. Aphorisms are defined as “pithy observations that (seem to) contain general truths.” Examples of these are sayings such as, “one good turn deserves another” “children should be seen and not heard” “actions speak louder than words” and “a bird in the hand is worth two in the bush” etc.

In the upcoming Adult Faith Forums, we will be discussing some aphorisms of religion and the church. After a general introductory discussion, we will talk about the saying, “Everything Happens For a Reason.” Later, we will discuss sayings such as “God Helps Those Who Help Themselves,” and others. Are they true, false, or variable? What does each aphorism imply about God, Jesus, and us as Christians? Are they mentioned in the Bible?

Come join us as we explore these, and other topics related to our faith.

Thanksgiving Eve Worship

This year’s ecumenical Thanksgiving Eve service will be at St. Peder’s Lutheran Church, 4600 E. 42nd St. on Wednesday, Nov. 22 at 7:00 p.m. There will be a mass choir (which anyone is welcome to join) with a joint rehearsal prior to the worship service at 6:00. We’ll have some time to meet each other and renew ongoing relationships afterwards, so if you can help out by bringing a pie to share with others, that would be great. Pies can be home-made or store-bought, and as simple or as complicated as you want. We look forward to seeing you the night before Thanksgiving as we come to God with gratitude for all that God has given us.

Advent Devotionals and Calendars

Advent, the season of preparation for Christmas, begins on December 3. We are following a theme of “How Does A Weary World Rejoice?” and have Advent calendars for families with children, and an Advent Devotional for every household. You can pick up either/ both of these items at the church any Sunday. Let us know if you cannot make it to church and would like us to mail you a devotional and/or calendar.



Taizé- Time for Renewal

It’s easy to get caught up in the daily demands of life. In our busyness, we can lose track of ourselves, and of what God is calling us to be and to do. Take an opportunity to slow down, to rest in silence and music, and to feed your soul. On the third Friday of each month at 7:00 p.m. from October through May, we offer a Taizé service, a time of sanctuary, a time for prayer, a time for community, and a time for silence. As we sing and pray, our hearts are opened so that we may hear God speaking to us, and our souls are fed so that we may be about God’s work in the world. Please join us on Nov. 17 for a time of renewal. The service is also livestreamed, so you can worship through your screen, wherever you are, either in real time or anytime after.



ADVENT PARTY

SUNDAY, DECEMBER 3
10:45-11:30

- **DECORATE THE CHURCH LOBBY**
- **MAKE AN ADVENT WREATH**
- **SHOP IN SANTA'S SECRET WORKSHOP**

MINNEHAHA UNITED METHODIST CHURCH

Advent Party

Sunday, Dec. 3 from 10:45-11:30 am
Following the worship service, everyone is invited to make an Advent wreath, decorate the narthex, and children can shop for Christmas gifts in the Secret Santa Workshop!

All Saints Sunday

We will be celebrating All Saints Sunday during our November 5 worship service, reading the names of all the members of the congregation who have died since the last All Saints Sunday, remembering their lives and their ministry among us. If you know of any family members or good friends of people who have died in the last year, please be sure to extend an invitation to them to join us for worship that day.

Help with Sound, Projection, and Camera

We are still looking for a few adults and youth who are willing to help out with our sound system, our projection, and our livestreaming cameras. Coordinators of each of those areas will provide training and help work out a schedule. And, cross-training is encouraged! You are welcome to volunteer for more than one of these areas. If you want to learn about sound, talk to Jefferson Slinkard. Jim Bohl is happy to show you how easy it is to operate the cameras for livestreaming, and Sue Johnson is doing training for projection.

November is Native American Heritage Month

The Racial Justice team invites you to join us on November 4th to watch *For the People* at the Guthrie at 1pm. *For the People* is a comedy drawing on Minneapolis' rich Dakota and Ojibwe heritage that examines the myriad facets of contemporary Native life. If you cannot join us on November 4th, the play runs through November 12th. The Racial Justice team also invites you to join us on November 5th during the education hour after church when we will watch and discuss a video of Reverend Chebon Kernell calling the church to participate more vigorously in ongoing acts of repentance, justice making and truth telling about the historical and continuing impact of racism, specifically on Native American and indigenous people.



MONTH OF NOVEMBER



FOOD DRIVE

**CHILDREN AND YOUTH WILL BE COLLECTING
NON-PERISHABLE FOOD FOR THE MINNEHAHA
FOOD SHELF DURING THE MONTH OF NOVEMBER.
IN NEED OF:**

- HEARTY SOUPS*
- CANNED FRUIT*
- ONE-DISH MEALS*
- 1-LB. BAGS OF RICE
- PERSONAL CARE ITEMS

***CANNED ITEMS WITH POP-TOPS, PLEASE.**

**IN RECOGNITION OF THANKSGIVING, WE WILL
PRESENT AND BLESS THE COLLECTED FOOD IN
WORSHIP ON SUNDAY, NOV. 19
(SEE COLLECTION BINS IN THE NARTHEX/LOBBY)**

Sacred Sites Tour

Fifty members and friends of Minnehaha UMC participated in a Sacred Sites Tour led by Jim Bear Jacobs on September 17th. Jim Bear shared stories of the Dakota people that helped us gain a greater awareness and understanding of the Dakota people, the original people of this area. Listening to these stories promotes healing by opening ourselves to our own history and to consider what actions to take as we move forward with this greater understanding. To that end, we encourage any who are interested to visit the MN Council of Churches website (What We Do - Healing Minnesota Stories) to sign up for a future tour - you will be thankful you did.

Vote!

In keeping with our Social Principles, all eligible voters are encouraged to vote on November 7. The City Council races are on the ballot this year, and there are numerous places you can go to get information on what will be on your ballot, where your polling place is, as well as learn about the candidates themselves.

In addition, just a reminder that our building is also a polling place. Elections and Food Shelf always end up on the same day, so any help you can offer to the Food Shelf that day would be appreciated. If you use Minnehaha as your polling place, help spread an attitude of patience and hospitality among the others voting with you. Thank you!

MinneHarvest

Our free food give-away once a month is a source of food relied upon by many, and it happens through volunteers who come each month. We normally gather outside on the 4th Saturday of each month, but for the month of November, we are one week earlier due to Thanksgiving. So, MinneHarvest will be on Nov. 18 this month. You can volunteer anytime between 6:30 and 10:30 a.m. We start setting up around 7:00, serve the food starting around 7:30, and are usually done cleaning up by 10:30. Join us for all or any portion of that time, dress appropriately for the weather, and bring a friend!

For over 25 years MinneHarvest has been providing food to members of our community. Our goal is to provide food to those who need it in a friendly non-judgmental way.

The intent of the program has always been to provide produce to members of the community that might not otherwise have access to these healthy items. We receive 8000 to 10000 pounds of food consisting of 6 or more types of produce along with assorted dry foods. once a month. We currently provide food to an average of 200 families consisting of 2300 adults, 200 children and 130 older people. We provide food to the working poor who are unable to attend a weekday food shelf. We see some neighbors every month and some only once or twice a year. We reach people when we post a sign on the corner as a reminder of when we will be open, we reach people who may be just driving by.

Until July of this year we received our food deliveries on Saturday morning. Now due to changes made by Second Harvest we must accept delivery on Thursday afternoon. That means from Thursday afternoon to Saturday morning several pallets of room temperature stable produce and other food are being held in the church lobby, on hardboard that we've put out to protect the floors. We realize that this may be a bit of an inconvenience for some and want to assure everyone that we are working with church trustees on a more permanent solution that insures food safety.



Minnehaha Snapshot: Third Quarter 2023

In the third quarter of 2023, Minnehaha UMC welcomed strangers displaced by a fire, held a UWF Rummage Sale, attended a Sacred Sites tour, camped in the BWCA, volunteered at Second Harvest Heartland, danced with fairies, joined together (in person and online) on Rally Sunday, and more!

5 USED MUMC AS AN EMERGENCY SHELTER



On July 8, the Red Cross brought five victims of a Minneapolis apartment fire to stay at the church – including a woman due to give birth to twins.

194 GATHERED FOR RALLY SUNDAY



On September 10, 194 people attended our Rally Day service to celebrate the start of a new church year. Plus 79 attended online via our YouTube channel. We're back!

8 CONFIRMANDS WELCOMED ON SEP. 24



On September 24, we confirmed or recognized eight confirmands: Ryan, Everett, Henry, Calvin, Cullan, Dominik, Julien and Adam. Congratulations!

100 PERCENT PAID IN FULL



All bills, mortgage and apportionment payments, and staff salaries were paid through September 30, 2023.

94.1 PERCENT OF BLDG. LOAN PAID OFF!



As of the end of September 2023, we've paid off 94.15% of our 2010 building and remodeling project. Just \$66,576 left to go. Hooray!

40 TOOK PART IN MUSIC & DRAMA CAMP



On August 4, forty kids and youth joined together to perform "We Are the World," a production they'd worked on all week long during Music and Drama Camp. Thanks to Maureen and her amazing team for making this happen.

15 YOUTH ON BWCA CANOE TRIP



From July 11-15, fifteen Minnehaha UMC youth (and several courageous adults) attended a summer camp in the Ely, Minnesota area.

50 ATTENDED DAKOTA SACRED SITES TOUR



On September 17, fifty people – including many from the church – attended a tour of sites sacred to the Dakota people. The tour was led by Rev. Jim Bear Jacobs.

48 AT FAIRY NIGHT ON SEPT. 20



On September 20, forty-eight kids, youth, adults and various sprites and woodland creatures celebrated the arrival of autumn on the south lawn of the church. It was magical!



Resources

We all have resources. Some of those resources are tangible, like money or houses or friends. Some are intangible, like our time, our energy, how we use our words. No matter the resources, communities are made up of people pooling their resources. Sports teams use their resources to play and win games. Lobbying groups use their resources to influence the making of laws. Citizen groups might use their resources to elect an official. Neighbors might work together on a community garden. At Minnehaha, we use our resources together to Seek out God's direction in our lives, Serve our neighbors, and Celebrate God's presence in our midst and one another. In order to live out our mission, we utilize all our resources. We utilize our building, the time people volunteer and that we pay staff for, our connections to each other, and all the ways we can get food into the hands (and stomachs) of those who need it. The reality is that we need all kinds of resources. We need the people who volunteer to build things, greet folks in worship, make music, cook, etc. And we need the resource of our building, a good roof, strong walls, durable floor, different rooms so children can play and pray, so that 12 step groups can hold each other accountable and sober, so that we have places to store the Christmas Pageant costumes year to year, etc. And, for many of these things, we need monetary resources to buy food and supplies as well as to pay people for their expertise in everything from roof repair to organizing programming to making music. As we ask you to consider your monetary resources this fall, seek how God is calling you, note the ways we serve our neighbors, and celebrate all the ways we are already community as well as all the ways we can be community in the future – together.

No matter the resources, communities are made up of people pooling their resources.

In Joy,

Becky





3701 East 50th Street
Minneapolis, MN 55417

Address Service Requested

Phone: 612/721-6231
E-Mail: becky@minnehaha.org
office@minnehaha.org
11/23

Visit us online!
www.minnehaha.org

**Free Dinner and Pie Auction
Fundraiser for Motown
Mission Trip on Sunday, Nov.
19 at 5:00 pm**

Bring your family, friends, and neighbors and enjoy a free meal, then bid on homemade pies. All proceeds go towards the youth summer mission trip.

****Everyone is invited to donate a homemade pie!**

Drop-Off Times for Pie
Donations: Saturday, Nov. 18
between 8am-3pm and Sunday,
Nov. 19 between 9-11am

A promotional poster for a "Free Dinner & Pie Auction" event. The background is a close-up photograph of a golden-brown lattice pie on a white plate, with cinnamon sticks and apples visible in the background. The text is overlaid on the left side of the image. At the top, it says "FREE DINNER & PIE AUCTION" in large, bold, white capital letters. Below that, it says "SUNDAY, NOV. 19 5-7PM" in the same style. Further down, it says "Proceeds support this summer's youth trip to Motown Mission" in a smaller font. At the bottom center is a small logo for "MOTOWN MISSION" featuring a stylized figure. On the right side, overlapping the pie, is a yellow circular callout that says "Everyone is invited to donate a homemade pie!" in a casual, handwritten-style font.