



Good THINGS HAPPEN

Newsletter of Minnehaha United Methodist Church

→ WE SEEK WE SERVE WE CELEBRATE




Worship in the Easter Season

We are almost to the end of Lent, and the season that follows is Eastertide. Including Easter Sunday, it is 7 weeks long (longer than Lent!). See articles elsewhere for our plans for Holy Week and Easter. Here is how we will be celebrating in the Sundays that follow.

- ◆ April 20 -- Easter Sunday
- ◆ April 27 – The story of Joseph
- ◆ May 4 – Joseph and the Amazing Technicolor Dreamcoat, performed by our children and youth
- ◆ May 11 – United Women in Faith Sunday. There will be service awards and a focus on the service work that UWF, and all of us, do.
- ◆ May 18 – Celebration Sunday! A celebration of all the gifts you bring to this congregation as we wind down our program year
- ◆ May 25 – First Sunday with worship outside
- ◆ June 1 – Graduation Sunday – a recognition of everyone graduating this year, with special focus on our high school graduates

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**COMING SOON
MAY 28**

- ★ Elevator work to begin Wednesday May 28th
- ★ Work expected to last 4-5 weeks
- ★ Please plan accordingly: if you need to move a meeting for accessibility please contact the office

The Saints came marching in on Mardi Gras Sunday!



United Women in Faith

During these trying days of calamitous political decision making, I have found I need to focus on what I can do to calm my fears and worries. Staying with a routine of addressing daily needs along with adding “doing good things” has helped. Here’s your chance to see what “Good Things” your United Women in Faith are doing and how you can be a part of our activities. (Minnehaha’s United Women in Faith is one chapter of the National United Methodist Church’s United Women in Faith who are basically the church ladies who serve at receptions, encourage good work in our community, and earn money to be distributed to different missions.)
Good Things to do:



United
Women
in Faith

1. Save stuff for a Spring Rummage Sale!!! Don’t throw out that game or book or dish or rug or tool or computer or whatever (not clothes or large furniture). This is a Rummage Sale so we sell lots of Rummage, especially books. Hold onto your Rummage and bring it to church on Sunday, May 25 or Sunday June 1 or let us know you have stuff that we need to get. We will be setting up the sale on Wed., and Thurs. June 4 and 5 with the sale running at about the same dates as the neighborhood NENA sale: Friday, June 6, Sat., June 7 and Sunday, June. 8. This Sale is a shared fundraiser for the church budget, also, so we need strong people to move things around, especially Wed., and Thurs. and Sun. afternoon. If you have a neighbor or relative who is moving, ask for the rummage they don’t want to take with them!
2. Sign up to help with the Rummage Sale! We need folks all 5 days and especially people with a truck on Sun., June 8 to take the leftover rummage away. Come all day or part of the days or even just an hour. Contact Maureen Trepp 612-387-2520 to let her know you’re ready to help! Youth are welcome.
3. Come to the UWF Sunday on May 11! We will be recognizing church and community members for their service to the church Community.
4. Go with us to the Emma Norton Gala on Thursday, April 24. Emma Norton is the only United Methodist national mission in Minnesota and is now located in the Highland Bridge neighborhood. The Gala is great with a Silent Auction and meal and stories about who lives at Emma Norton. Let Kitty Campbell (612-251-6270) know you are interested.
5. Serve with us at Simpson Shelter. We will be serving dinner on Tuesday, April 29 and Mon. June 30 and can always use additional helpers. We meet at church at 5:20 to carpool or at the site: Mt. Zion Lutheran Church is being used while the new Simpson Shelter is being built. This is one of the many missions we support with our fundraising.

So, being busy could distract you from the horrible decisions being made that are affecting the world’s poor and persecuted. Take pride in being a member of Minnehaha UMC’s community, a loving, caring fellowship of friends.

Peace to you, some day, Maureen Trepp



Our Sunday School children and their parents & teachers singing together!

Holy Week Services

Holy Week is observed during the last week of Lent, between Palm Sunday (April 13) and Easter Sunday (April 20). It is traditionally a time to remember Jesus' entry into Jerusalem, his last supper with the disciples, and his arrest, trial and death.

We will have a Good Friday service on April 18. It will start at 7:00 p.m. and will include 14 readings from the gospel of Luke about the events leading up to Jesus' death. It also includes music, silence, and the extinguishing of lights.



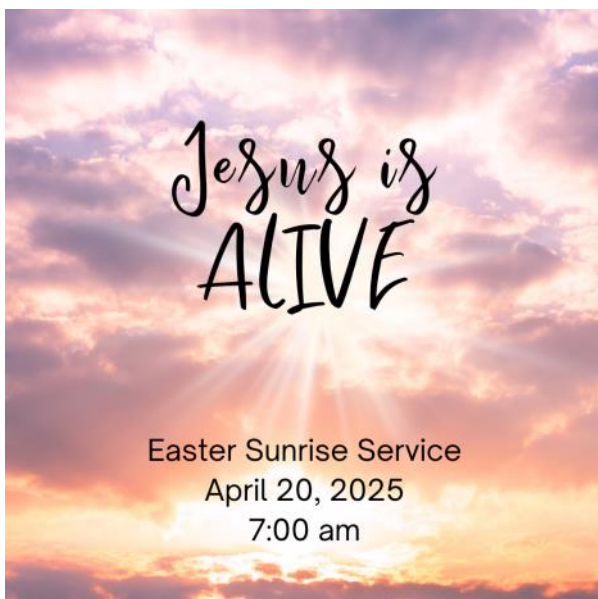
Three Different Services for Easter

Join us for Easter Sunday on April 20. Our sunrise service will be at 7:00, led by the youth. We will have two more indoor services, with the choir and organ at 9:00 and the Methodicals band at 11:00. In addition, there will be refreshments between each of the services, and an Easter egg hunt for children from 10-11. We hope to see you on Easter morning!

Easter Egg Hunt

Easter Sunday, April 20 at 10 am

Children up to 5th grade are invited to join the hunt! Our teens have hidden Easter eggs for you to find! 1st graders and younger will hunt in the classrooms on the 2nd floor. 2nd-5th graders will hunt for eggs hidden on the 3rd floor. (Small paper bags for gathering eggs are provided.)



Easter Sunrise Service

April 20 at 7:00 am

Join us in the sanctuary for this youth-led worship service filled with music, prayers, and an Easter skit.

Children and Youth Ministries

Compassion Camp with The Summer Fairy

Sunday, June 1st from 2-5 pm

All ages are invited to this intergenerational afternoon version of Compassion Camp, featuring the Summer Fairy! We'll learn ways we can care for creation, listen to bible stories, make flower crowns to wear, and enjoy special fairy snacks. A picnic will conclude the day. Register at minnehaha.org



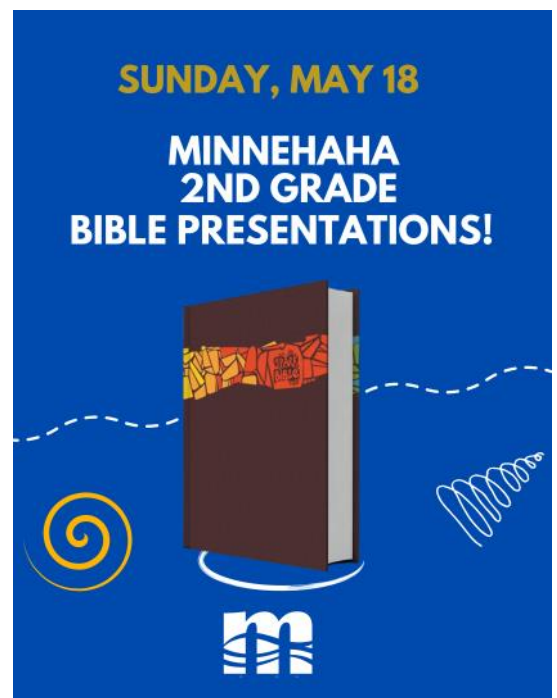
Youth Fundraiser Plant Sale Pick-Up

Pick-ups for pre-ordered Gertens plants will be on Friday, May 9th between 5-7pm and Saturday, May 10th between 9-11am. Thanks so much for all your orders and supporting our summer Youth Mission Trip!

Bible Presentation

Sunday, May 18 at 9:30 am worship

All our 2nd graders, along with their families, will be invited up front for a special presentation to receive their new bibles!





April
Sunday Youth Groups
 4-5:30 pm

April 6 Fill Easter Eggs

April 13 Rollerskating at Skateville
 *Leave from lunch fundraiser
 ~1:00 pm; Return at 3:30pm

April 20 Happy Easter!

April 27 Board Game Night
 *Bring Your Favorite Game



MAY
YOUTH GROUPS
 4-5:30 PM

May 4: River Walk & DQ Treats

May 11: No Youth Groups
 Happy Mother's Day!

May 18: End-of-Year Party:
 Puzzle Rooms at Church

Minnehaha Theater Camp

August 4-8 Cost: \$100

There are a few spots still available for this summer's theater camp for current 5th-12th graders. Learn the skills in improv, mime, and sketch comedy!



MINNEHAHA
THEATER
CAMP
AUGUST 4-8
9AM-3PM
EVENING PERFORMANCE
FRIDAY, AUG. 8

LET'S CREATE A SHOW TOGETHER
AS WE EXPLORE SKILLS IN IMPROV,
MIME, SKETCH COMEDY, AND
ACTING, ACTING, ACTING!

YOUTH FINISHING 5TH-12TH GRADE
COST \$100

REGISTER ONLINE MINNEHAHA.ORG

High School Mission Trip

July 20-24 Cost: \$100

Current 8th-12th graders are invited to serve around the Twin Cities on this local mission trip. We'll focus on volunteering with non-profits who address the needs of food insecurity, housing, and creation care.



MINNEHAHA
HIGH SCHOOL
MISSION TRIP

July 20-24, 2025

Minnehaha high school youth are invited to serve our neighbors with various outreach opportunities around the Twin Cities. This is a 5-day, 4-night service learning trip that partners with local non-profits to explore a variety of justice issues such as food insecurity, poverty, housing, and creation care. There will also be evening activities, worship, and a fun all-day outing on Thursday.

Who: Finishing 8th-12th Grade
Where: Overnight lodging at Minnehaha UMC
Cost: \$100

REGISTER ONLINE MINNEHAHA.ORG



Time for Renewal

It's easy to get caught up in the daily demands of life. In our busyness, we can lose track of ourselves, and of what God is calling us to be and to do. Take an opportunity to slow down, to rest in silence and music, and to feed your soul. On the third Friday of each month at 7:00 p.m. from October through May, we offer a Taizé service, a time of sanctuary, a time for prayer, a time for community, and a time for silence. As we sing and pray, our hearts are opened so that we may hear God speaking to us, and our souls are fed so that we may be about God's work in the world. Please join us on March 21 for a time of renewal. The service is also livestreamed, so you can worship through your screen, wherever you are, either in real time or anytime after. Please also note that the April service, on April 18, coincides with Good Friday, so April's Taizé service will also be our Tenebrae service.

The last Taizé service of the program year will be on May 16.



Joseph and the Amazing Technicolor Dreamcoat

**Sunday, May 4
during 9:30am Worship**

Way, way back in 1968, Tim Rice and Andrew Lloyd Weber were commissioned by Colet Court School to write a short musical for the whole school to perform. It was their first collaboration, and a 22 minute version of *Joseph and the Amazing Technicolor Dreamcoat* was the result.

Parents loved it, and demanded a repeat performance where they could invite more guests, and so folks were invited to Methodist Central Hall at Westminster. By 1973, this musical had been developed into the full length musical that many of us are familiar with today.

On Sunday, May 4, in the Minnehaha United Methodist Central Hall (aka the Sanctuary) we will present to you the original 22 minute version of *Joseph* as a part of our worship service. There's wonderful, upbeat music, a dazzling coat of many colors, a hairy bunch of Ishmaelites, talented Minnehaha youth and children and adults, and a message of forgiveness and persistence and dreaming. We hope to see you there!

Senior Recognition

We will recognize the Class of 2025 on Sunday, June 1st in worship at 10 am.

If you are graduating or you have a family member who is a high school, college, trade school, or grad school graduate, please complete this short information form by May 15: <https://forms.gle/xRp7GXNWdvipmt1e6>



Blessing of the Bikes

Join us on Sunday, June 8 at 10 am worship for our annual blessing of the bikes and bike helmets. Ride or bring your bike to worship!



Welcoming Living Spirit

The members at Living Spirit UMC are exploring a merger with a neighboring congregation. They have decided that they will all come to visit us at Minnehaha on April 27. We don't need to do anything different, necessarily, that day. But please have your best welcoming spirit on display that day as we have some extra people with us in worship and at coffee hour.

Minnehaha Playgroup

Thursdays from 9:30-11:30 am

All babies toddlers and their parents/caregivers are invited to stop by each Thursday morning at church for a time of play and community. Playgroup meets upstairs in the nursery and preschool rooms. Follow the "Minnehaha Playgroup" on Facebook for more information.



Annual Meeting

Our Annual Meeting (otherwise known as a Church Conference) will be held on Sunday, May 18, 2025 at 11:45 a.m. following Sunday School. This is a potluck lunch (inside), so please bring a dish to share and we'll continue our theme from Celebration Sunday with a time of laughter and food. We'll also have our slate of Nominations for committees for the 2024-2025 program year, and proposal to continue the candidacy for ministry of Sarah Schroerlucke. Everyone is welcome to attend, and all members of the congregation can vote.

Wednesday Nights at Minnehaha

Wednesday Night Dinner

Our weekly Wednesday Night Dinners are from 5:30-6:15 pm. Everyone is invited to join in these mid-week meals for good food and lively conversations. Suggested Cost: \$5/person; \$20/family



Wednesday Night Childcare

Wednesday Night Childcare is offered from 6:00-7:15 pm by the childcare team for kids to play in the gym and in the nursery/preschool rooms while adults continue to eat, socialize, help clean-up the meal, or attend committee meetings.



NOTE: The last Wednesday Night Dinner & Childcare is on May 21

Meals on Wheels

To the member churches of South Minneapolis Meals on Wheels:

This letter again begins with gratitude. Gratitude for volunteers, congregations, staff, individual donors, Metro Meals on Wheels and our clients. Working together, we have served our neighbors over 21,000 healthy meals at their homes in 2024. For comparison we delivered 18,735 in 2023, 15,146 in 2022 and 17,308 in 2021. Meal recipients are our neighbors who are elderly, veterans, have a disability or are unable (either temporarily or long-term) to prepare meals. The majority of meals were delivered hot daily Monday through Friday with additional meals for the weekends. In addition we delivered frozen meals to a limited number of clients.

Financially, we have been blessed to receive additional funds through Metro Meals on Wheels. Metro was also able to provide funds for meals for those clients who need help with the cost. In partnership Minnesota veteran affairs, Metro MOW are funding meals for qualified veterans. These funding sources have enabled SMMOW to focus on its mission with less pressure to raise funds or raise our prices in 2024.

SMMOW's meal ministry is managed and supported by volunteers (250 in 2024) who come principally from its member churches and is also strongly supported by our wider community of volunteers. Volunteer drivers are the heart of SMMOW. They come from member churches and deliver meals with a smile and kind connection. Drivers are encouraged, scheduled and supported by volunteer coordinators from member churches. Volunteers from the churches and the community serve on the board of SMMOW and its committees. Church members individually donate to support SMMOW financially. Going forward, our greatest single need is for volunteers to participate at all levels in this ministry.

Member churches not only support SMMOW by encouraging their parishioners, each member church has committed to make an annual contribution to provide SMMOW with a stable source of basic funding. As we begin 2025, we ask each church to be aware that, SMMOW depends upon your faithful contributions to sustain the ministry.

We are grateful to everyone who aided the accomplishment of the work done in 2024. We look forward to continuing this important service in 2025. We look forward to serving our neighbors with a hot healthy meal, a friendly face and a stable price for those meals.

God's Peace,

Julie Cahoy
Board Chair Emeritus
South Minneapolis Meals on Wheels

Food Shelf Monthly Donations

 <p>JAN: Canned Soup</p>	 <p>FEB: Canned Fruit</p>	 <p>MARCH: Tooth- paste and brushes</p>	 <p>APRIL: Shampoo & Conditioner</p>
 <p>MAY: Toilet paper</p>	 <p>JUNE: Diapers, sizes 3,4,5 Open box OK</p>	 <p>JULY Bar Soap</p>	 <p>AUGUST: Feminine Hygiene</p>
 <p>SEPT: Cooking Oil</p>	 <p>OCT: Laundry Detergent</p>	 <p>NOV: Sugar</p>	



MinneHarvest

Our free food give-away once a month is a source of food relied upon by many, and it happens through volunteers who come each month. We gather outside on the 4th Saturday of each month. You can volunteer anytime between 6:30 and 10:30 a.m. We start setting up around 7:00, serve the food starting around 8:00, and are usually done cleaning up by 10:30. Join us on April 26 and May 24 for all or any portion of that time, dress appropriately for the weather, and bring a friend!

MINNEHARVEST
a food mission of minnehaha united methodist church

WEDNESDAY NIGHT PICNIC

at Minnehaha Church



JOIN US AT 5:30 PM FOR OUR WEEKLY PICNIC DINNERS IN THE CHURCH SIDEYARD
COST: \$5/PERSON; \$20/FAMILY

Wednesday Night Picnics

Everyone is invited to these mid-week picnics outside on the side lawn. These meals begin on May 28. Contact is Jim Bohl jimebohl@gmail.com

Church Rummage Sale

Friday, June 6: 9AM – 5PM
Saturday, June 7: 9AM – 3PM
Sunday, June 8: 9AM – 2PM
Bag Sale: 11AM–2PM



Lots of great stuff!
Housewares & Linens.
Toys. Books. Electronics.
And Department 56 Collectibles!
(But no clothes)



Minnehaha United Methodist Church
3701 East 50th Street, Minneapolis
612-721-6231 • www.minnehaha.org

Save the Date!

Two Forest Therapy walks will be offered by Rev. Jerad Morey in June.

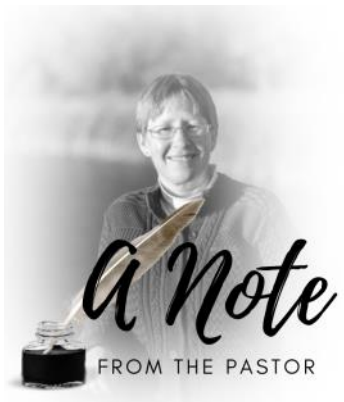
- ◆ Wednesday, June 18, 6:30-7:30 (after the Wednesday night picnic) aimed at kids up to school and their families for a Wild Path Forest Therapy experience beginning and ending at the church.
- ◆ Wednesday, June 25, 6:30-9:30 at Minnehaha Falls Park. Meet at the Song of Hiawatha Fountain.

More details as we get closer to these dates.



Some new faces joined Minnehaha! Derek Mackenzie and Olivia & Nick Morawiecki joined as members, and Lissa Miller a constituent!





Some Time Away

As I write this note, the app on my phone tells me that my summer renewal leave begins in 51 days! Which means that this is probably the last note you'll get from me until fall. As you may remember, last fall we heard from Lilly that a Lilly Clergy Renewal Grant had been awarded to Minnehaha UMC. This means that I get some time off, and while I am spending that time in renewal, you will be in the capable hands of Rev. Nancy Victorin-Vangerud. She'll be preaching and doing some pastoral care. In addition, Rev. Jerad Morey will be



leading two Forest Therapy walks for the congregation – one on June 18 and the next on June 25, both in the evening. The June 18 is particularly geared for children and youth (with their adults), but any adult can attend either (or both) of the walks.

It is a privilege that clergy can take time away like this (I will be gone from Memorial Day through Labor Day). I am grateful that there is an opportunity to take this time to renew my spirit and re-fill my soul. I am grateful for foundations like Lilly that make this possible. And, I am grateful that this congregation is able to grant me this time. I know that you will enjoy Nancy's time with you, and I trust that you will also enjoy the Forest Therapy walks with Jerad. I am about 2 weeks away from certification

I ... hope to come back to you well-rested and with my own cup full for whatever lies ahead of us.



for leading Forest Therapy walks myself, so know that there will be many opportunities available in the future for that. I also hope to take portions of the Forest Therapy practice and incorporate it into some of our programs.



Martha and I will spend most of our time this summer camping. We have a weekend trip planned with friends who all have campers and dogs (it will be a raucous weekend for sure!); we have a 6 1/2 week trip to Prince Edward Island and Nova Scotia; we have a 1 week trip on a houseboat (camping on the water?) at Voyageur National Park; and a week in one of our "regular" spots, Crescent Lake National Forest.



I will certainly get to spend lots of time renewing myself in the forests, and hope to come back to you well-rested and with my own cup full for whatever lies ahead of us.

Even though there are not Lilly Grants for everyone, I hope that you will also spend the summer engaging in spiritual practices that renew your soul. Maybe it's gardening, or walking around the city, or spending time



with friends, or watching children play (or maybe playing with children!). Whatever it is, spend time regularly in soul renewal so that we are all able to do the work that God calls us to in our community, our nation, and the whole world around us.

In Joy,
Becky



3701 East 50th Street
Minneapolis, MN 55417

Address Service Requested

Phone: 612/721-6231
E-Mail: becky@minnehaha.org
office@minnehaha.org

4/25

Visit us online!
www.minnehaha.org

