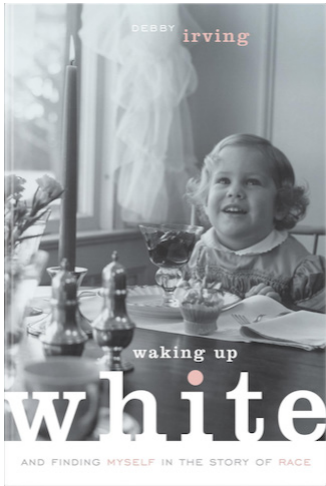


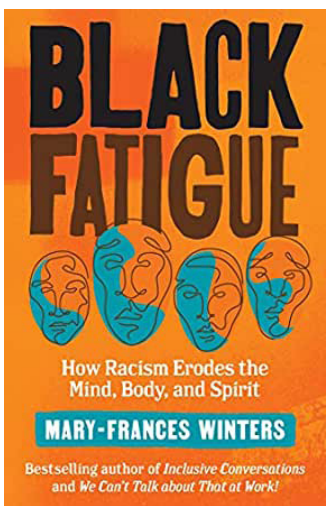
# Reading Recommendations from the MUMC Racial Justice Team



**Waking Up White**  
by Molly Irving

As a white, female author, Molly Irving examines her awareness of White Privilege. The most striking aspect of this study book is what actions she took and how she learned from those. This would be a great study guide with questions at the end of each chapter as we come to realize how far we need to go to understand our differences. It is aimed at white people who haven't a clue about White Privilege.

— Recommended by  
Bev Pederson



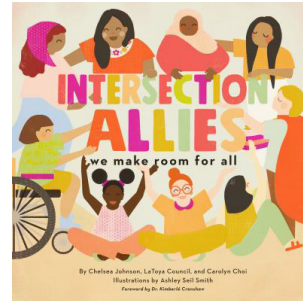
**Black Fatigue: How Racism Erodes the Mind, Body, and Spirit**  
by Mary-Frances Winters

Author Mary-Frances Winters writes in a very accessible way while also including pertinent statistics and references to relevant studies. The book has the added advantage of being very current because she includes the impact of the Covid-19 Pandemic.. I appreciated how she clearly stated that this is a book about Black fatigue, and that she is not addressing the entire BIPOC (Black, Indigenous, People of Color) community. She regularly pointed out how all the topics she addresses are interconnected, and the cumulative impact is exhausting, if not life-threatening, to people of color. I recommend it for reading, for use as a resource, and for the advice in the back on how to be a good ally as well as a concise “do’s and don’ts” list for both White people and Black people.

— Recommended by  
Becky Sechrist

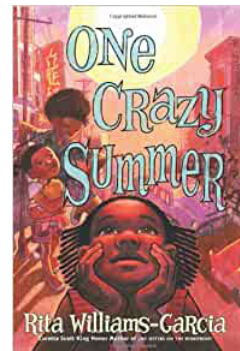
## Children & Young Adults

*The Children's Library at MUMC is on the second floor and several books have been added following the protests of 2020 and related to Racial Justice; they are marked with blue on the binding.*



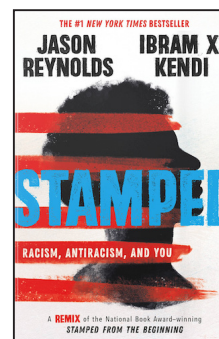
**Intersection Allies: We Make Room For All**  
by Carolyn Choi  
and Chelsea Johnson

*This book is a mirror in which kids of all genders, races, sexualities, abilities, cultures, and origins can see their whole selves reflected, respected, and celebrated. This picture book looks at differences and how to make life safe for all.*



**One Crazy Summer**  
by Rita Williams-Garcia

*In this Newbery Honor novel, New York Times bestselling author Rita Williams-Garcia tells the story of three sisters who travel to Oakland, California, in 1968 to meet the mother who abandoned them. This historical fiction is meant for middle readers.*



**Stamped - A Remix**  
by Ibram X. Kendi  
and Jason Reynolds

*This remarkable reimagining of Dr. Ibram X. Kendi's National Book Award-winning Stamped from the Beginning reveals the history of racist ideas in America, and inspires hope for an antiracist future. It takes you on a race journey from then to now, shows you why we feel how we feel, and why the poison of racism lingers. It also proves that while racist ideas have always been easy to fabricate and distribute, they can also be discredited. This nonfiction book is meant for middle grades and older.*