

# NOKOMIS SERVES

*A new collaboration between Minnehaha United Methodist Church, Lake Nokomis Lutheran Church and St. James on the Parkway Episcopal Church in serving the Nokomis community and beyond*

2017

## FOOD

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### **Minnehaha Food Shelf –**

All three churches support the Minnehaha Food Shelf. The food shelf provides food for over 600 people in need who live in our area. It's open every Tuesday from 10:30 a.m. to 3:00 p.m. and is located at Minnehaha United Methodist Church.

Volunteer opportunities include:

Organizing food drives.

1. Working at the food shelf on Tuesdays.
2. Working at the community garden (which provides produce for the food shelf) at St. James on the Parkway Episcopal Church.
3. Serve on the board, which provides leadership for the food shelf and runs fundraising events.

**Contacts: Anne Scheible - 612-722-0468 or 612-619-9692**

**Judy Durfey - 651-290-0568**

**Bette Stacy - 612-481-2732**

## **MinneHarvest –**

This free food giveaway takes place at 9:00 a.m. the fourth Saturday of each month. We receive a truckload of produce and other surplus items from grocery stores and warehouses. In addition, we receive bread from the New French Bakery. We, in turn, provide it to anyone who wishes to come. There are no pre-qualifications to receive food. Each adult gets two grocery bags. Those needing additional food may return to the line in order to give others an opportunity.

The number of clients varies from 100-150. The typical number of people fed is between 400-500 people. About 50% are adults, 34% children and 16% senior citizens. The pallets of food total about 12,000 pounds.

Volunteer opportunities include: Setting up the tables and unloading the truck at 6:45 a.m., helping clients carry their groceries to their cars starting at 9:00 a.m. and helping with the clean-up at 10:00 a.m.

**Contact: Sheldon Bolsted – [sbolstad@gmail.com](mailto:sbolstad@gmail.com)**

**612-760-6780**

## **First Nations Kitchen-**

First Nations Kitchen serves healthy, organic, traditional indigenous food every Sunday evening at All Saints' Episcopal Indian Mission in Minneapolis. The cooks create meals from food donated from local coops and a nearby bakery. Volunteer opportunities include helping to prepare and/or serve the meals on Sunday from 1:00 p.m. to about 7:15 p.m. Helping with fundraising could also be an option.

**Contacts: Anne Scheible - 612-722-0468 or 612-619-9692  
[annebillscheible@gmail.com](mailto:annebillscheible@gmail.com)**

### **Simpson Meals –**

An evening meal is prepared for approximately 140 clients of Simpson House at 28<sup>th</sup> Street and 1<sup>st</sup> Ave. four or more times a year. The meal is prepared off site and delivered at about 5:30 p.m. At Simpson House the meal is heated, served at 7:00 with clean-up at about 8:15 p.m. Food is set aside for people who come in late to the shelter. The church plans the menu and buys the food.

Volunteers could help plan and buy the food, prepare the food, deliver and serve the meal, and/or clean-up.

**Contact: Maureen Trepp – 612-724-7620 or 612-387-2520**

### **Simpson Sandwiches-**

All ages participate in making 600 sandwiches a few times throughout the year for residents of Simpson House to take for lunch.

**Contact: Lake Nokomis Lutheran Church – 612-729-2323**

### **Meals on Wheels-**

Members of the churches deliver meals every 8-9 weeks to those who are shut in and less mobile than ourselves. Volunteer drivers pick up the meals from Nokomis Square and deliver them to the clients' home.

**Contacts: Rachel Larson at Minnehaha United Methodist Church  
612-729-8069**

**Diane Smedstad at Lake Nokomis Lutheran Church  
612- 721- 1852**

## **Loaves and Fishes –**

Five times per year, on the fifth Monday of the month, Lake Nokomis Lutheran Church serves a meal to a group of approximately 120-270 working poor at St. Stephen's Church/School.

**Contact - Diane Slovik - [dianeakerson@gmail.com](mailto:dianeakerson@gmail.com)  
612-987-3705**

# **HOUSING**

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## **Beacon Interfaith Housing Collaborative –**

This housing ministry has two components:

- **Advocating for affordable housing:** Lake Nokomis Lutheran Church participated in a successful statewide effort in 2014 to pass a \$100 million bonding bill for affordable housing. Beacon coordinated a collective effort by 75 congregations and 2,200 people that included signatures, three 'home' words, and legislative visits. Through Beacon's advocacy program, the church continues to support affordable housing issues.
- **Providing shelter through Families Moving Forward:** This program offers families experiencing homelessness hospitality, emergency shelter and a path to stable housing. Each year, up to four families have been hosted for one week by Lake Nokomis Lutheran Church.

**Contact - Robbie Becker - 612-721-2768 or  
[robertadbecker@aol.com](mailto:robertadbecker@aol.com)**

## **Emma Norton Residence –**

The Emma Norton Residence, located in St. Paul, provides transitional housing for women and residences for women with children. The support is primarily financial with some volunteer options

**Contact: Maureen Trepp – 612-724-7620 or 612-387-2520**

# **CLOTHING AND NECESSITIES**

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## **Simpson Housing Services-**

In addition to food ministries (already described) related to Simpson Housing Services, there are many other ways to be involved with the services that Simpson House offers people with housing issues. These include: knitting adult hats and scarves for residents, stocking Baby Bins for new mothers, providing school supplies for children and buying holiday gifts for Simpson Housing clients.

**Contact: Dawnlynn Greeney – 651-503-0853**  
**deacondawlynn@comcast.net**

## **Backpacks at MinneHarvest-**

In addition to the food ministries, backpacks with school supplies are handed out in the fall for school children. Approximately 180 children at the August MinneHarvest receive backpacks filled with all the school supplies that will help them begin their school year with the equipment they will need for a successful school year.

**Contact: Renee Beymer – 612-722-1782 or [janos3@juno.com](mailto:janos3@juno.com)**

## **Dignity Drive-**

An ingathering of personal care items like soap, shampoo, deodorant, etc. is collected once a year for clients of the Minnehaha Food Shelf during Lent.

**Contact: Jeria Strom - 612-721-6231**

## **Holiday Gifts-**

During November and December, holiday gifts for children and adults are collected by all three churches for clients of the Minnehaha Food Shelf, Simpson Housing Services and St. Joseph's Home for Children.

**Contact: Renee Beymer - 612-722-1782 or [janos3@juno.com](mailto:janos3@juno.com)**

**Contact - Robbie Becker - 612-721-2768 or [robertadbecker@aol.com](mailto:robertadbecker@aol.com)**

**Contact: Anne Scheible - 612-722-0468**

**[annebillscheible@gmail.com](mailto:annebillscheible@gmail.com)**

# GLOBAL PARTNERSHIPS

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## **St. James on the Parkway Episcopal Church and Bonne Nouvelle Parish in Bigonet, Haiti**

This partnership began almost 10 years ago. St. James along with other partners has annual pledge drives collecting as much as \$12,000 per year. Our partners in Bigonet determine the best use of these funds. In addition, special fundraisers have helped after the earthquake of 2010 and the hurricane of 2016. The funds have usually been used for teacher salaries, emergency needs, and special projects such as the sewing program. Groups from each parish have visited the other parish. The trips are primarily focused on building relationships and less about missions. (Trips to Haiti are funded entirely by participants.)

**Contact: Kurt Hall - [Kurt.Hall@fiserv.com](mailto:Kurt.Hall@fiserv.com)**

**612-202-6729**

## **Lake Nokomis Lutheran Church and the Lutheran Church of Christ congregation in Kubi, Nigeria**

This relationship is rooted in “accompaniment,” which promotes the clause of mutuality, inclusivity, vulnerability, empowerment and sustainability. Through the program, the partners work to nurture and strengthen one another for life and ministry through prayer, study, communication, exchange of visitors and sharing of resources. The last visit to Nigeria was in 2010 and the primary focus has been to support the Epiphany School, a school founded by Epiphany Lutheran Church.

**Contact: Drew Flathmann - [pastor@lakenokomis.org](mailto:pastor@lakenokomis.org)**

**612-729-2323 Ext. 12**

# OTHER

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## **Cherish All Children:**

Throughout the year, Lake Nokomis Lutheran hosts speakers and collects financial donations for this faith based, small organization with a BIG mission: to end sexual exploitation of children and young adults in our community.

**Contact: Ginny Rudloff - 612-751-5214**

# CALENDAR OF UPCOMING EVENTS

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## August

August 13, 2017 - First Nations Kitchen

Contact: Anne Scheible(SJOTP) at 612-722-0468

August 6 – August 13, 2017 – Families Moving Forward

Contact: Robbie Becker (LNL)

August 1 – August 11, 2017 – Tools for School

Contact: Anne Scheible at 612-722-0468

## September

September 4- September 8, 2017 – Meals on Wheels

Contact: Rachel Larson, Minnehaha United Methodist  
Church at 612-729-8069

Week of September 10<sup>th</sup>, 2017 – Meals on Wheels

Contact: Dianne Smedstad (LNL) at 612-721-1852

## October

October (specific date unknown at this time) – Four guests  
from Haiti will visit Minneapolis

Contact: Kurt Hall (SJOTP) - [Kurt.Hall@fiserv.com](mailto:Kurt.Hall@fiserv.com)

Or 612-202-6729

October 8 – End of Season Celebration at NENA/St. James  
Community Garden

Contact: Anne Scheible (SJOTP) – 612-722-0468

October 30 –November 3, 2017 – Meals on Wheels

Contact: Rachel Larson, Minnehaha United Methodist  
Church at 612-729-8069

October 30 - Loaves and Fishes

Contact: Diane Slovik(LNL) – [dianeakerson@gmail.com](mailto:dianeakerson@gmail.com)

## **November**

Week of November 5<sup>th</sup> – Meals on Wheels

Contact: Dianne Smedstad (LNL) – 612-721-1852

## **December**

December 26 – December 29, 2017 – Meals on Wheels

Contact: Rachel Larson, Minnehaha United Methodist  
Church at 612-729-8069

December 28<sup>th</sup> – Meal at Simpson Shelter

Contact: Maureen Trepp – [maureentrepp@yahoo.com](mailto:maureentrepp@yahoo.com)

## **January 2018**

Monday, January 29 – Loaves & Fishes

Contact: Diane Slovik (LNL) – [dianeackerson@gmail.com](mailto:dianeackerson@gmail.com)

## **February 2018**

February 26, 2018 – Meal at Simpson Shelter

Contact: Maureen Trepp (MUMC) – 612-724-7620

Or [maureentrepp@yahoo.com](mailto:maureentrepp@yahoo.com)

## **March 2018**

March 26, 2018 – Meal at Simpson Shelter

Contact: Maureen Trepp (MUMC) – 612-724-7620

Or [maureentrepp@yahoo.com](mailto:maureentrepp@yahoo.com)

## **May 2018**

May 29, 2018 – Meal at Simpson Shelter

Contact: Maureen Trepp (MUMC) – 612-724-7620

Or [maureentrepp@yahoo.com](mailto:maureentrepp@yahoo.com)